

# THE ABEL TASMAN VILLAGE

## A CARING COMMUNITY

Shielded from traffic noise by a huge grass covered sporting field in the west, basking in the morning sun rising in the east and a thriving shopping, medical and business centre nearby, lies the in 1993 completed Abel Tasman Village.

Built with Federal, State and considerable funding from local and overseas Dutch organisations, the village is nestled in Chester Hill, a comfortable western Sydney suburb, close to public transport and all other amenities. The village has 24 self care and 40 hostel units built for the care of elderly Dutch or persons from the former Dutch East Indies. Although special efforts are made to cater for the specific traditional requirements of the residents it does not mean the exclusion of former residents from other compatible countries of which a number have made Abel Tasman Village their home.



Management of the village is supported by a large group of volunteers, called "Friends Of The Abel Tasman Village", volunteers from the local community, a professional grief counsellor, a residents forum and a forward looking Board of Directors.

Pastoral care is available for persons of varying denominations, a well stocked library with Dutch and English language books is on the premises. The hostel section of the village was fully accredited for a period of three years in November 2000, requiring no changes in any of the 44 outcome categories tested.

## INDEPENDENT LIVING IN ABEL TASMAN VILLAGE

*(Self Care Units)*



Two types of attractive and spacious units are available in The Abel Tasman Village Retirement Village. All units have two bedrooms with ensuite bathroom, lounge, open kitchen and a laundry. There are free standing cottages or apartments with large balconies in a block of 4 units with chair lift access to the first floor. Abel Tasman has 19 of these independent living units.

The current price and maintenance costs for a single occupant or for a couple are as listed in the attachment. Please note that these charges are subject to future price variations. The units are surrounded by beautifully maintained gardens. Domestic help and other chargeable services can be arranged on request. An emergency call service is available 24 hours a day.

On payment of a \$200 fully refundable deposit, prospective clients are placed on a waiting list.

The refundable amount on vacating the premises depends on the length of stay.



## FULL CARE IN ABEL TASMAN VILLAGE

*(Hostel Units)*



Abel Tasman Village has 45 Hostel Units. A bond is chargeable of which an amount is retained annually up to a maximum of 5 years. The amount is determined by the Department of Health and Ageing. These apartments vary in size from 28 to 41 square meters and contain a bed-sitter, spacious bathroom and kitchenette. Some units have a separate bedroom, other units have a connecting door, facilitating occupancy by a couple. For persons who cannot afford the full bond concessional or assisted residency may be made available. For hostel residents the following services are included: Cleaning and laundry, provision of meals, personal care, activities and respite care.

Experienced staff is on call 24 hours per day and can assist with personal care needs. The meals are prepared in our own kitchen and provide for residents with specific dietary needs. Occasionally traditional Dutch meals or dishes are served. The ongoing fee is currently approx. 85% of the Age Pension and is subject to Government regulations. Prospective residents have to be assessed by members of an Aged Care Assessment Team before being eligible for hostel care. To secure a place in future, prospective clients are invited to put their name on the waiting list.



# ABEL TASMAN AGED CARE SERVICES, C.A.C.P.

(Community Aged Care Packages)



Abel Tasman Village does not only care for its own residents but services some 58 Community Aged Care Packages, including 3 French ethnic specific.

## What are Community Aged Care Packages?

For many people, living in the comfort of their own home is an important part of growing older. The packages are designed to help people with multiple care needs to remain living in their own home and based on their particular needs.

The types of services offered as part of a package include help with:

- \* personal care
- \* dressing
- \* meals
- \* transport
- \* laundry
- \* social activities.

The service is provided by our own bilingual care workers.

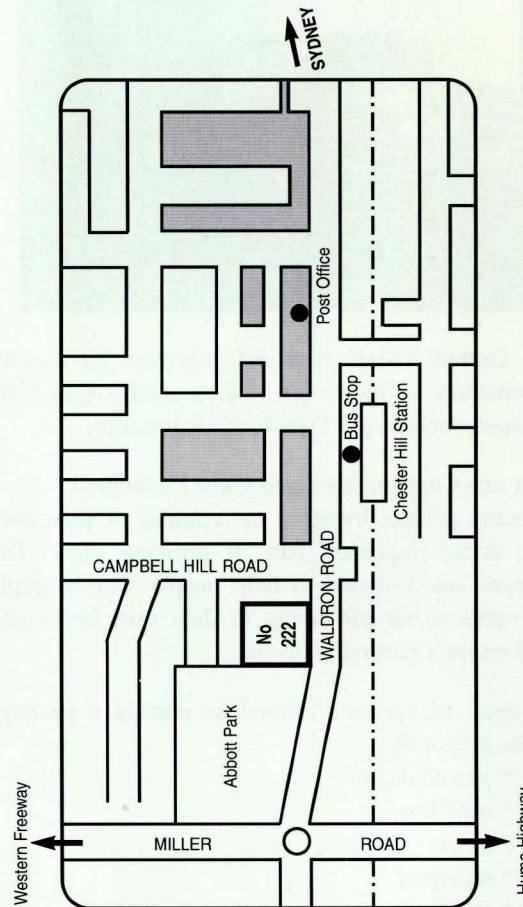
To be eligible to receive a care package the prospective clients' needs must first be assessed by an approved assessment authority. The assessment is free.

Your doctor will probably be able to put you in touch with an Aged Care Information Line on: 1800 500 583 or ring (02) 9644 7222.

# ABEL TASMAN VILLAGE

222 Waldron Road, Chester Hill NSW 2162.

Phone: (02) 9645 3388



# OUR PHILOSOPHY

At Abel Tasman Village we don't just look after our residents' welfare in terms of accommodation and care. We aim for independent living for as long as feasible, enjoying quality of life and dignity.

Residents can participate in a large variety of activities such as:

Arts and Crafts - Bingo - Recreational Games - Happy Hour - Residents forum meetings - Exercise classes - Coffee mornings - Shuffle Board - Church Services.

Residents are encouraged to pursue their own interests. Companionship and activity are an important ingredient in the life style at the village.

