



NEWSLETTER

JULY 2015



**ABEL TASMAN VILLAGE RECREATION PROGRAM
JULY 2015**

DAY	DATE	ACTIVITY	VENUE	TIME
Wednesday 	1	Sing-a-Long Catholic Mass in English Coffee Get Together Jeux de Boules WNL: Half Acht Live	Camellia Hall Hall Hall Hall/BVN TV	9.00am 10.00am 10.30am 2.30pm 3.40pm
Thursday 	2	Exercises/Games Hairdresser/Beauty Care Hollywood Bingo	Hall Hairdressing Salon Hall	9.00am 9.00am 2.30pm
Friday 	3	Warm up Exercises/Golf Game Individual Visits Happy Hour	Hall Individual Rooms Hall	9.00am 2.30pm 3.00pm
Saturday 	4	Activities with Clara Family/Friends visits WNL: Half Acht Live	Hall Hall/BVN TV	10.00am 3.40pm
Sunday 	5	Dutch Mass with Fr Wim Family/Friends Visits Nederlandse Muziek Show	Hall Hall/BVN Televisie	10.00am 5.00pm
Monday	6	Laughter Yoga Exercises USA Wreath Craft Activity Knitting	Hall Hall Hall	9.00am 11.00am 2.30pm
Tuesday 	7	Exercises/Singalong Hairdresser/Beauty Care Non-Denominational Service Bingo	Hall Hairdressing Salon Hall Hall	9.00am 9.00am 11.00am 2.30pm
Wednesday 	8	Catholic Mass in English Mid Winter Luncheon at the Rembrandt Club Cost: \$16.00 (Self-Care) \$11.00 (Hostel) Meaningful Short Stories/Jokes WNL: Half Acht Live	Hall St Marys Hall Hall/BVN TV	9.30am 11.00am 2.30pm 3.40pm
Thursday 	9	Aromatherapy/Relaxation Session Men's Group American Arm Chair Travel	Hall Chester Hill Hall	9.00am 11.30am 2.30pm

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Friday	10	Warm up exercises/Golf Game Hairdresser/Beauty Care Individual Visits Happy Hour	Hall Hairdressing Salon Individual Rooms Hall	9.00am 9.00am 2.30pm 3.00pm
Saturday	11	 Family/Friends visits Bingo with Marja Cost: \$1.00 WNL: Half Acht Live	Hall Hall/BVN TV	10.00am 3.40pm
Sunday	12	Family/Friends Visits Nederlandse Muziek Show	Hall/BVN Televisie	5.00pm
Monday	13	 Bus Outing to Bulli Black Diamond Museum and Cliffhanger for Lunch Cost: \$27.00 Self-Care \$22.00 Hostel	Bulli	9.00am
Tuesday	14	 Exercises/Tennis Game Hairdresser/Beauty Care Non-Denominational Service Bingo	Hall Hairdressing Salon Hall Hall	9.00am 9.00am 11.00am 2.30pm
Wednesday	15	 Sing-a-Long Catholic Mass in Polish Coffee Get Together French Day Activities with French Afternoon Tea	Camellia Hall Hall Hall	9.00am 10.00am 10.30am 2.30pm
Thursday	16	 Cabaret Concert with The Village Singers Canadian Arm Chair Travel	Hall Hall	10.00am 2.30pm
Friday	17	 Diamond Hooky Game Hairdresser/Beauty Care Individual Visits Happy Hour	Hall Hairdressing Salon Individual Rooms Hall	9.00am 9.00am 2.30pm 3.00pm
Saturday	18	 Activities with Clara Family/Friends visits WNL: Half Acht Live	Hall Hall/BVN TV	10.00am 3.40pm
Sunday	19	Family/Friends Visits Nederlandse Muziek Show	Hall/BVN Televisie	5.00pm

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DAY	DATE	ACTIVITY	VENUE	TIME
Monday 	20	Balloon Tennis Competition Shopping	Hall Chullora	9.00am 1.00pm
Tuesday 	21	Exercises/Games Hairdresser/Beauty Care Non-Denominational Service Bingo	Hall Hairdressing Salon Hall Tulip Room	9.00am 9.00am 11.00am 2.30pm
Wednesday 	22	Sing-a-Long Hairdresser/Beauty Care Catholic Mass in English Coffee Get Together The Beatles History and Songs WNL: Half Acht Live	Camellia Hairdressing Salon Hall Hall Hall Hall/BVN TV	9.00am 9.00am 10.00am 10.30am 2.30pm 3.40pm
Thursday 	23	Birthday Party with Nata Movie: Cinderella Laughter/Joke Activities	Hall Hall Hall	10.00am 1.00pm 3.00pm
Friday 	24	Diamond Hooky Game Hairdresser/Beauty Care Individual Visits Happy Hour	Hall Hairdressing Salon Individual Rooms Hall	9.00am 9.00am 2.30pm 3.00pm
Saturday 	25	Family/Friends visits Bingo with Marja Cost: \$1.00 WNL: Half Acht Live	Hall Hall/BVN TV	10.00am 3.40pm
Sunday	26	Family/Friends Visits Nederlandse Muziek Show	Hall/BVN Televisie	5.00pm
Monday 	27	Balloon Tennis Competition Shopping	Hall Chullora	9.00am 1.00pm
Tuesday 	28	Table Games/ Short Stories Hairdresser/Beauty Care Non-Denominational Service Bingo	Hall Hairdressing Salon Hall Hall	9.00am 9.00am 11.00am 2.30pm

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DAY	DATE	ACTIVITY	VENUE	TIME
Wednesday 	29	Sing-a-Long Catholic Mass in English Coffee/Get Together Polish Activities WNL: Half Acht Live	Camellia Hall Hall Hall Hall/BVN TV	9.00am 10.00am 10.30pm 1.30pm 3.40pm
Thursday	30	Dutch Activities Men's Group Armchair Travel America	Hall Villawood Hall	9.30am 11.00am 2.30pm
Friday  	31	Hairdresser/Beauty Care BUS OUTING Brislington Medical and Nursing Museum And lunch at Smithfield Tavern Cost: To be advised Happy Hour	Parramatta and Smithfield	9.00am 9.30am 3.00pm

HAIRDRESSER: Every Tuesday and Friday 9.00am to 4.00pm

Breakfast: 8.15am
Lunch: 12.30pm
Dinner: 5.00pm

Pension Days: 2 and 16th July 2015
Podiatrist: Tuesday, 14th July 2015
ATV Shop Open Monday to Friday
Monday to Friday 12pm - 12.30pm



BrainTrainerPlus™ will be set up between activities

Family & Visitors Lunch Meal \$7.00

Please let the kitchen know the day before or 9.00am that morning if you require a meal for a visitor and also inform kitchen supervisor if you will not be at lunch or dinner.

Thank you Kitchen Supervisor

RESIDENTS NEWS

A warm welcome to our new residents Mr Herman Bron, Mrs Gloria Krawczyk, Mrs Walentyna Krawczyk and Mrs Marie Long and we wish all of them a wonderful stay with us.

With great sadness we farewelled Millicent Whiting, Krystyna Andrusiewicz and Greetje van der Noord. Our thoughts are with their family and friends during their time of grief.



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The following residents are celebrating their birthday in July and we wish them many happy returns. They are Maria Bucik, Kathleen Coughlan, Halina Bakowski, Philomena Millard, Maria Visser, Elizabeth Bradey, Wilma Wyputa, Anna Pascoe, Anitra Ihrig and Marian Beaufort.

OTHER NEWS



We had wonderful entertainment by Ron Blacker on Wednesday, 24 July 2015. Ron is an Australian who worked for the DAF in Eindhoven for 2.5 years and is married to a Dutch lady.

He has sung and played for several years in Australian and Irish bands as a hobby and since his retirement concentrate on performing for seniors.

He sung an amazing repertoire of Dutch songs and everybody was able to sing-a-long as the words of the songs were on the large screen. Some of the songs were even half Dutch/half English. We look forward to many more Dutch sing-a-longs and are very lucky to have found such a wonderful entertainer.

We were very excited to be invited for the annual "Grandparents Day" at Chester Hill North Public School. We received a lovely paper flower made by the children and were treated to a wonderful concert.

We also enjoyed a lovely morning tea with the children and were given a large number of colourful knitted blankets for the residents which were knitted by the children.

A massive thank you to the children, staff and volunteers at the school!!!



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On 28th June we celebrated Polish Day. This year the theme for that day was "Traditional Polish Wedding Celebrations". The Polish entertainer Szczepan played Polish Wedding songs. Residents had such a wonderful time during this party and learned some Polish wedding traditions and danced to wonderful music. One of the traditions after the wedding ceremony is to greet newlyweds with bread and salt. Below are some photos from this party. A big thank you to our wonderful volunteers for their assistance on the day.



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We had a wonderful surprise from the General Manager, Mr Bill Makeev from Guardian Funeral who supplied the Knitting Group with an amazing cake. The Knitting Group who get together on a Monday afternoon knit squares for blankets for the "Wrap with Love" Program for which Guardian Funerals has been supplying wool for a number of years. The Wrap for Love Program provides blankets for the less fortunate in our community and communities in over 75 countries.

The ladies felt very special when Bill presented each one of them with a wonderful Certificate of Gratitude and hereby some lovely photos of the event.



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